

Your kit includes:

- * Please read all the instructions carefully before starting
- * Some people may prefer to have a friend help collect the blood sample
- * The small blood sample can be taken from any part of your body, most people prefer to take it from their finger or thumb
- * If you have any difficulty - don't worry, just call -HK BioTek Ltd.- (852) 2763 1488



1 x Sterile Swab



1 x Lancet
(one time use only)



3 x Collection Strips



1 x Band Aid



1 x Zip-Loc Bag



2 x Medical Gloves



Order Form



Customer Letter
(HK BioTek Ltd. Copy)



Customer Letter
(Customer Copy)



Kit Instruction

1

Pull strips out of Zip-loc bag. Be sure to handle it by the blue part only, don't touch the white pad. Set strips on clean surface, pad face up.

2

Wash hands thoroughly in **warm water**. Run hands under warm water for 1 minute and dry.

3

Choose side of finger or thumb and wipe puncture site with swab. Allow to dry.

4 For steps 5-7 we strongly recommend having someone assist you, in order to get the best results. Before helping, gloves are to be worn by friends or family assisting with the finger prick.

5

Take out the **Blue Cover** first. Position lancet properly on puncture site as illustrated. Make sure to press **FIRMLY** against skin on finger and that entire bottom of lancet is flush with skin.

6

While **FIRMLY** pressing the lancet against finger, press the white button to activate lancet. Dispose of lancet.

7

Press firmly from below the puncture site to let out drop of blood. Wipe off the first drop of blood with the alcohol swab and discard.

8

Set collection strips down on clean surface with white pad facing up. Do not touch the white pad at the end of the strips. Squeeze puncture site so that drops of blood drip onto the collection pad. **Collect enough blood so that the white pad is completely soaked with blood and there is no more white on the pad. Repeat this process for the second and third strips.**

9

Hold the collection strips up to a light source and look on the backside of the pad containing the blood sample. If there is any lightness showing through the pad, the sample will be rejected. The pad must be completely soaked with the blood sample. Set Collection strips down on clean surface, pad face up. **Allow to air dry for at least 45 minutes.** Place strips back in Zip-loc bag.

10

Write your name, collection date and client no. on the Zip-loc bag, along with the completed order form and the customer letter (green color), return to HK BioTek Ltd. Samples must be received within 7 days of collection.

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