

Food Sensitivity Test

Aller-Food Check[®]
Personal Dietary Assessment



HK BioTek[®]

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Types of food reactions

	Immediate Onset [Allergies]	Delayed Onset [Sensitivities]
Cause	Immune system mistakenly take common substances as invaders and give rise to a series of reactions.	
Mediators	IgE antibodies	IgG antibodies
Reaction	Within minutes	Take hours or days to surface
Symptoms	React quickly & apparent → Easy to trace the culprits	Long-lasting & subtle → Hard to trace the offending foods

Do you Know?

45% of the population suffers from delayed food reaction¹

¹ Estimated by Allergy UK, a British medical charity devoted to helping food sensitivity sufferers.



Food Sensitivity Symptoms

	Eczema, Acnes, Urticaria, Folliculitis, Dry skin, Paleness, Brittle nails or hair
	Frequent diarrhea, Vomiting, Bloating, Irritable bowel, Constipation, Gas
	Ear inflammation, Chronic sinusitis, Blurred vision, Watery eyes, Itchy eyes or ears, Hay fever, Runny nose
	Anxiety, Learning disabilities, Hyperactivity, Autism, Depression, Poor appetite, Food cravings
	Joint Pain, Arthritis, Muscle aches, General weakness
	Migraines, Palpitation, Hyper/Hypotension, Angina, Arrhythmia, Dark circles under eyes
	Recurring cold, Chronic fatigue, Giddiness, Insomnia, Weight fluctuation, Overweight, Water retention

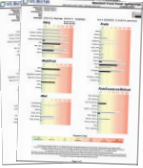
If you have more than two symptoms persistently in the past 30 days → food sensitivity might be the culprits!



Food Sensitivity Test

By using the advanced lab technologies, a small amount of blood provides you a comprehensive set of data on foods that you are suggested to avoid from the diet.

You will receive the report and recommended dietary plan within 2 to 3 weeks.



- ✓ Trusted by 400+ healthcare professionals since 2003
- ✓ Convenient and painless blood test
- ✓ IgE antibody test will be conducted on a FDA-approved system
- ✓ IgG antibody test will be tested twice to ensure highest accuracy

How does our test help?

	Symptoms	After Testing
Yang, 5	Severe eczema, Recurring cold, Frequent high fever & Middle ear infection	Avoid allergens & intake probiotics and fatty acids After two months → skin condition was resolved & faster cure time for cold After three months → ear condition improved & high fever is less serious After six months → no recurrence of middle ear infection & fewer high fevers
Chloe, 17	Had eczema since she was few months old & Dry, itchy skin Acne problem	Avoid allergens → almost instant improvement in symptoms After four months → symptom free skin
Jayden, 3	Stunting	Avoid allergens After six months → development returned to normal & was as active as other child
Mr. Wong, 30	Had battled with diarrhea since teenage, yet unable to find the underlying cause	Avoid allergens After one month → diarrhea stopped

*The above testimonials are true clinical cases provided by various medical professionals in appreciation of HK BioTek. For more test information and testimonials, please visit our website.

*The test is for reference purposes only, and cannot replace the diagnosis and treatment by a medical professional.

